RÉPUBLIQUE FRANÇAISE
Liberté
Égalité
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Santé
publique
France

COVI D-19

HOW TO USE YOUR MASK CORRECTLY

How to put your mask on

1 Wash your hands thoroughly

2 Loop the elastic bands behind your ears

or

Tie the laces at the back of your head and neck

3 Pinch the rigid edge, if it has one, onto your nose, pull the mask down below your chin and avoid touching it again

How to take your mask off

1 Wash your hands and then remove the mask, touching only the laces or elastic bands

2 After use, put it in a plastic bag and throw it away

or

60° if it is made of fabric, wash it at 60° for 30 mins

3 Wash your hands thoroughly again

Masks are an additional means of protection, and do not replace barrier actions