

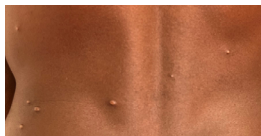


What is monkeypox?

An infection caused by a virus that has recently arrived in Europe.



What are the signs of monkeypox?



Skin lesions often occurring on the genitals or anus, but also on the rest of the body



Swollen lymph nodes in the neck or groin



Fever



Muscle aches

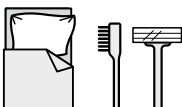
How do you get monkeypox?



Contact with monkeypox skin lesions or scabs





Through the saliva or respiratory droplets (talking, coughing, sneezing) of an infected person




Sharing linens, personal hygiene items, eating utensils

What if I am not sure?

 **Consult a doctor or go to a CeGIDD (centre for free information, screening and diagnosis)**

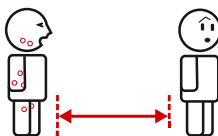


Isolate for 3 weeks if monkeypox is confirmed

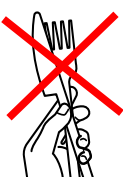


Protect others wear a mask, wash your hands and keep skin lesions covered


How can I protect myself?




Avoid physical contact, including sex, with an infected person



Do not share your things with an infected person (linens, personal hygiene items, eating utensils)



Wear a mask when in close proximity to an infected person



Smallpox vaccine for those considered at high risk of infection

Monkeypox Info Service (helpline available in French, English, Arabic, Spanish, Italian)

Free service call 8 am - 11 pm 7/7

0 801 90 80 69

Service & appel gratuits

